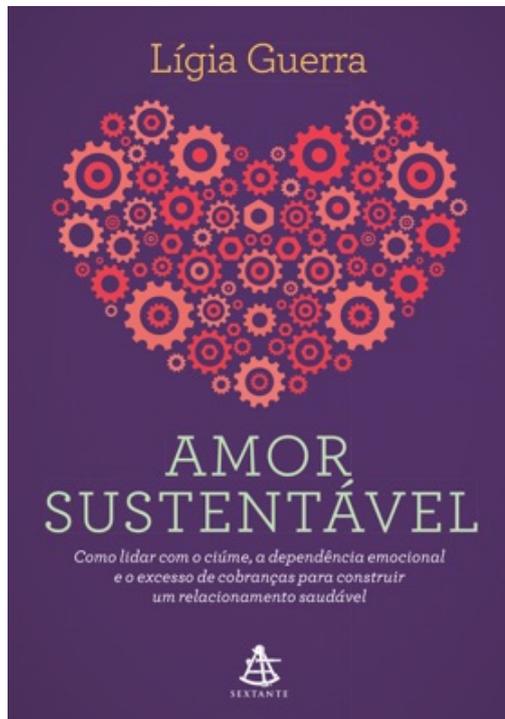


GRATIS Amor sustentável (epub, PDF, Mobi)

Lígia Guerra Baixar



Ao longo de sua carreira como psicanalista, Lígia Guerra percebeu que o adoecimento do amor é um dos principais motivos de infelicidade de homens e mulheres. Mesmo apaixonados, muitos casais não conseguem lidar com os pequenos conflitos que afetam o relacionamento no dia a dia.

Nesse livro, ela faz um verdadeiro raio x desse sentimento que é a base da vida de todos nós, analisando os problemas comuns à maioria das relações, como o ciúme, a dependência emocional, a falta ou o excesso de intimidade, a interferência da família, a infidelidade e o distanciamento.

A partir de histórias tiradas de sua experiência clínica, Lígia nos ensina a identificar a origem dos nossos conflitos, a evitar que os pequenos desentendimentos se tornem grandes crises e a resgatar o afeto sufocado pelo excesso de cobranças e expectativas.

Com sensibilidade e bom humor, esse livro nos ajuda a deixar de lado as projeções de um amor perfeito e abraçar o amor de verdade, com suas qualidades e defeitos, capaz de sustentar um relacionamento leve, saudável e duradouro.

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The peaceful coexistence of races has grown and multiplied in this world. How many years later, with the study of magic and science, the whole world has entered a new era.

[PDF] Fugitive Dragon(2)



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The pale blue night sky was filled with dark blue clouds, half covered with the only bright moon in the night like weird rags. This was the most exciting moment of the day. I crept up on the rock wall, opened the locked windows with tools, and quickly turned into the room. I stood in a fixed...

[PDF] Fugitive Dragon(1)



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[PDF] Knight Wars(2)



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The wind rolled up leaves and danced happily. I put on my armor and looked at the cathedral in the distance. Today I am going to be a knight there.

[PDF] Shadow Trace(2)



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The peaceful coexistence of races has grown and multiplied in this world. How many years later, with the study of magic and science, the whole world has entered a new era.

[PDF] Knight Wars(1)



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The wind rolled up leaves and danced happily. I put on my armor and looked at the cathedral in the distance. Today I am going to be a knight there.

[PDF] Holy Devil Continent(2)



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I'm still very confident about my appearance. I can't count many beautiful women who have been chasing me since elementary school, but I have no interest in those superficial girls at all. That's why I was forced to live in seclusion in the mountains and forests.

[PDF] Holy Devil Continent(1)



<http://media.beebok.info/br-1469258407/holy-devil-continent-1.html>

I'm still very confident about my appearance. I can't count many beautiful women who have been chasing me since elementary school, but I have no interest in those superficial girls at all. That's why I was forced to live in seclusion in the mountains and forests.

[PDF] Broken star(1)



<http://media.beebok.info/br-1469732538/broken-star-1.html>

When the night breeze came, his clothes were dancing and his black hair was flying slightly, he suddenly opened his eyes, the stars were shining intoxicating, but the thieves looked left and right slightly. There were not half of the people around him in the dark, so he ran to the woods beside the...

[PDF] Star Food(1)



<http://media.beebok.info/br-1469436985/star-food-1.html>

Maybe the desert has already given high marks to the present scene, if not witnessed, if anyone said that the target is a sea of garbage, no flowers, trees, no houses, cars, no one. That puzzle must have thought that guy had eaten bad food.

[PDF] Adventures in Dreams(1)



<http://media.beebok.info/br-1469455687/adventures-in-dreams-1.html>

After all, she is a reserved lady. She has no courage to do that, including her daughter's shyness, but also the helplessness of her life. She felt as if she was going to fall, crying softly, and for a long time, the shining tears wetted the bedding.

[PDF] Flower Appreciation Conference(1)



<http://media.beebok.info/br-1469452637/flower-appreciation-conference-1.html>

The wind of immortality cultivation in mainland China is very flourishing. Although no one has really become a legendary immortal, it has been proved that immortal cultivation can strengthen the body and prolong life. Every country in Continent has a close relationship with the immortal cultivation...

[PDF] Flower Appreciation Conference(2)



<http://media.beebok.info/br-1469453717/flower-appreciation-conference-2.html>

The wind of immortality cultivation in mainland China is very flourishing. Although no one has really become a legendary immortal, it has been proved that immortal cultivation can strengthen the body and prolong life. Every country in Continent has a close relationship with the immortal cultivation...

[PDF] Exploration plan(2)



<http://media.beebok.info/br-1469738176/exploration-plan-2.html>

In heaven and earth, the sun and the moon sink. The grass is broken and withered, and the morning is frosty. Birds can't fly, animals destroy. Buried in the wilderness, the soul is sad.

[PDF] Exploration plan(1)



<http://media.beebok.info/br-1469736972/exploration-plan-1.html>

In heaven and earth, the sun and the moon sink. The grass is broken and withered, and the morning is frosty. Birds can't fly, animals destroy. Buried in the wilderness, the soul is sad.
